

# WALK A MILE IN HER SHOES



A MEN'S MARCH AGAINST VIOLENCE

Join **PREPARE** at the 5th Annual Walk a Mile!



**September 28<sup>th</sup> at 10:30 AM**  
Trade Street, Winston-Salem

**Hosted by Family Services**

Walk a Mile in Her Shoes® asks men to literally walk one mile in women's high-heels. Women can walk alongside men, but their heels are optional! It's not easy, but it's fun and gets the community to talk about something that's really difficult to talk about: gender relations and sexual violence.